

You have been prescribed Asacol[®] 1,000mg suppositories to treat your ulcerative proctitis

Ulcerative proctitis is caused by inflammation in your bottom (rectum). Asacol[®] 1,000mg suppositories contain mesalazine, a medicine that can reduce this inflammation and help to relieve your symptoms.

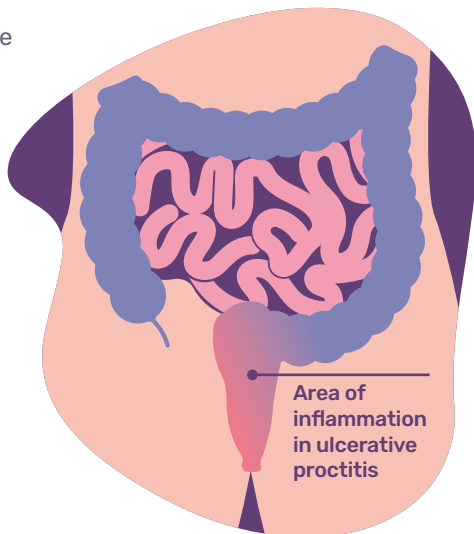
Asacol[®] 1,000mg suppositories may only be inserted into your bottom (used rectally). Do not take by mouth.

A suppository delivers the medicine to exactly where it is needed

Inserting a suppository into your bottom means the medicine goes straight to where the inflammation is.

It is important to use your suppositories regularly and consistently as prescribed

You should use your Asacol[®] 1,000mg suppositories for as long as your doctor has advised, even if you feel better. This will help to make sure the inflammation has gone down.



Reporting of side effects: If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. Reporting forms and information can be found at HPRA Pharmacovigilance at www.hpra.ie. By reporting side effects you can help provide more information on the safety of this medicine.

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How to use your Asacol[®] 1,000mg suppositories



Top Tips from IBD nurse specialists¹

- You might find it easier to use the suppository before bed
- You can lubricate the tip of the suppository with water or a water-based lubricant to make it easier to insert
- If the suppository comes out within 10 minutes of inserting it, don't worry, try again with another suppository
- Try not to do a poo for an hour after inserting the suppository to give it time to work
- You may experience leakage during the night. Don't worry, this is normal because the suppository starts to melt once it is inserted. You can put a towel down on your bed to absorb any leaks

If you have any questions or concerns about your Asacol[®] 1,000g suppositories, please speak to your healthcare professional.

Reference: 1. Data on file, Tillotts Pharma UK Limited.
[Nurse suppository top tips – February 2026].

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*Point your phone camera
at the QR code to view
a step by step video*

